NSON REEK RESOURCES LTD.

SUITE 500, 926 - 5 AVE. S.W. CALGARY, AB T2P ON7 CANADA TEL: (403) 233-0464 FAX: (403) 266-2606

www.manson.ca MCK:TSX VENTURE

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October 20, 2008



United States Securities & Exchange Commission Washington, DC 20549 USA

Dear Sirs:

RE: Foreign Private Issuer Exemption File No. 82-3874

News Release Dated October 20, 2008

Please find enclosed 3 copies of the news release listed above.

Yours very truly,

MANSON CREEK RESOURCES LTD.

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NEWS RELEASE 08-19

OCTOBER 20, 2008

Symbol: TSX Venture-MCK

For Further Information Contact:

Regan Chernish at 1.403.233.0464

Manson Creek Announces Results For New Discoveries On Gillman Silver-Lead-Zinc Project

Manson Creek Resources Ltd. (Manson Creek) is pleased to provide sample results for the Gillman silver-lead-zinc project, located 45 kilometers southeast of Revelstoke, British Columbia.

Samples taken on the five recently discovered strongly developed gossans have returned highly anomalous assays of silver, lead, zinc, nickel, copper, and molybdenum (Table 1). The five samples collected in the five zones averaged 0.6 grams per tonne (g/t) silver, 48 parts per million (ppm) lead, 812 ppm zinc, 268 ppm nickel, 182.6 ppm copper 24 ppm molybdenum and 10 parts per billion (ppb) gold.

Table 1 Sample Results.

| Sample # | Silver | Lead | Zinc | Nickel | Copper | Molybdenum | Gold |
|----------|--------|------|------|--------|--------|------------|------|
| | g/t | ppm | ppm | ppm | ppm | ppm | ppb |
| 324567 | <0.2 | 36 | 101 | 12 | 40 | <0.1 | 20 |
| 324568 | 0.9 | 64 | 547 | 56 | 204 | 31 | 5 |
| 324572 | 0.4 | <2 | 894 | 904 | 19 | 14 | 10 |
| 324574 | 1.7 | 138 | 576 | 369 | 528 | 74 | 10 |
| 324575 | <0.2 | <2 | 1944 | <1 | 122 | <1 | 5 |

^{*} All samples are grab samples of extremely gossanous material

A large boulder of quartz vein found in one of the gossan zones assayed 5.5 g/t silver, 0.29% lead, 1.32% zinc, 0.75% copper and 10 ppb gold.

The new zones occur along strike to the known mineralized occurrences on the Gillman claim block and lay along the mineralized Camborne fault. The expanded Gillman claim block now covers in excess of nine kilometers of this prospective geological structure known to host 86 mineral occurrences.

These assays confirm the Manson Creek's belief that this area of the Camborne fault system has the potential to host economic mineral occurrences. Planning is currently underway for follow up on these results.

Background

The 1,709 hectare Gillman claim group hosts at least five distinct precious and base metal zones: the Silver Dollar, Hillside, North, Gillman, and Homestead zones. Notable rock sampling results to date include 1,265 g/t silver, 17.40% lead, 21.50% zinc and 1.74 g/t gold in the footwall massive sulphides within the laterally extensive Silver Dollar zone. The Hillside zone has returned 3.0 meters of 29.35 g/t silver, 1.01% lead, 0.54% zinc and 0.20 g/t gold.

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The Gillman project is located immediately south of Manson Creek's Meridian Gold project. The 2008 drill campaign successfully intersected widespread gold mineralization adjacent to the historic Eva Mine. The seven hole, 1,141 meter (m), program successfully tested 600 m of mineralized strike length adjoining the historic gold producer and confirmed mineralization along a 250 m additional zone that cross cuts the main mineralized trend.

In addition to the gold mineralization intersected in drill core, surface sampling conducted at the time of drilling outlined the high-grade potential present on the property with one grab sample assaying 194.00 g/t gold and 48.10 g/t silver (October 8, 2008, Press Release 08-18).

EcoTech Laboratories based in Kamloops, British Columbia performed sample preparation and analysis. The samples are subjected to acid digestion and analysis for specific elements using a combination of inductively coupled plasma (ICP) emission spectrometry methods. Laboratory inserted duplicates and standards provided optimum precision and accuracy.

The President of Manson Creek Resources Ltd., Regan Chernish P.Geol., is the Qualified Person responsible for the design and implementation of the Field Program as well as the preparation of this news release.

"Regan Chernish"

Regan Chernish, P. Geol., President and Director

The TSX Venture Exchange has neither approved nor disapproved of the contents of this press release.

All statements, other than statements of historical fact, in this news release are forward-looking statements that involve various risks and uncertainties, including, without limitation, statements regarding the potential extent of mineralization and reserves, exploration results and plans and objectives of Manson Creek Resources Ltd. These risks and uncertainties include, but are not restricted to, the amount of geological data available, the uncertain reliability of drilling results and geophysical and geological data and the interpretation thereof and the need for adequate financing for future exploration and development efforts. There can be no assurance that such statements will prove to be accurate. Actual results and future events could differ materially from those anticipated in such statements. These and all subsequent written and oral forward-looking statements are based on the estimates and opinions of management on the dates they are made and are expressly qualified in their entirety by this notice. The Company assumes no obligation to update forward-looking statements should circumstances or management's estimates or opinions change.

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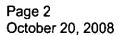
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